

Getting to Know You Discussion Guide

using *My Heart, Christ's Home* by Robert Boyd Munger

The booklet *My Heart, Christ's Home* is a wonderful discipleship tool. Munger shares in story form what it would be like to invite Christ into your heart and allow him to tour and transform all the rooms of your heart. While the questions below follow this booklet, this guide can be used without the booklet just as a getting-to-know-you time in a group. There should be laughter and fun memories shared, yet you may discover some tender or tearful moments, too.

This discussion guide can be used with small groups in multiple sessions or one-on-one in one or multiple sessions. These questions coordinate with the different sections of the booklet. If your group is already well established, you can go around the circle and ask each person to share an answer. However, if your group is new, allow them to volunteer their answers. As they open up with one another, more people will begin to share. The discussion facilitator should always be willing to share her answers as well, but not necessarily first.

If possible, hand out the booklets in advance and ask them to read it before your first session. If you are using this in a brand new group, take time to read the sections aloud or give women about 30 minutes of quiet time to read it on their own.

Before the first session, if your group is already established, ask 1 or 2 people to be prepared to share their story of how they met Christ. Then you can call on them if others do not volunteer answers when you ask the first question.

You may choose questions or try to use them all. The answers you hear may spur ideas for other questions. Let the Holy Spirit guide your discussion. Always start a session with prayer to set the tone of the sharing time. When sharing personal things, remind your group to maintain confidentiality. As the facilitator, make mental notes of the ones who are sharing and who are not sharing. Find ways outside the group to encourage the quiet ones to share their stories. You never want to embarrass someone in front of the group.

Questions to coordinate with each section of *My Heart, Christ's Home*

- 1. Introduction:** How and when did you meet Christ?
- 2. The Study:** What is your favorite book and why? How has it influenced you?
- 3. The Dining Room:** What is your favorite recipe and why? Does it have special memories? What favorite mealtime memories do you have? (If possible, ask in advance so they can bring copies of their favorite recipes to share with others.)
- 4. The Living Room:** What is your favorite place in your home where you like to meet with Jesus? Does your quiet time spot have certain materials or do you have certain rituals you use to help you focus your heart and mind when you meet with Jesus?
- 5. The Workroom:** What are your favorite hobbies? When and how did you discover you had an interest or talent for this hobby?
- 6. The Rec Room:** What do you like to do to re-create and rejuvenate? What is a favorite outing? What do you like to do when you have a day off?
- 7. The Bedroom:** What are the colors in your bedroom? What does your dream bedroom look like?
- 8. The Hall Closet:** What is the messiest place in your house?
- 9. Transferring the Title:** What is the shortest and/or longest place you've lived somewhere? How do you think that place influenced you?